SAILING NEWS FOR MANITOBA AND NORTHWESTERN ONTARIO

# PORTHOUE

SPRING 2022

#### About the Artist Roberta Landreth

For nearly a decade, Roberta has had the pleasure of collaborating with many fabulous and eclectic clients. Roberta is a Winnipeg born, multiple-award-winning, graphic designer, working primarily in the music industry. Her designs are widely celebrated, notably earning both a JUNO win and nomination, four WCMAs, and two Covenant Awards. She has now worked on the album artwork for over 150 albums, with artists such as Natalie MacMaster, Big Wreck, Steve Bell, Jully Black, Serena Ryder, Matt Dusk, The East Pointers, Dan Hill, the Brothers Landreth and many many more.

Though best known for collaborations with artists — her diverse and eclectic portfolio also includes branding and identity work for multiple music festivals and conferences, consulting for corporate advertising campaigns, and artwork for book covers and wine labels. Some Major projects of note are the 2021 and 2022 Festival artwork for Winnipeg Folk Festival, 2017-22 artwork for Break Out West, The National Arts Centre, Festival of Small Halls, LOWISA and the Manitoba NDP. Roberta has recently been nominated for a Manitoba Book Award for her illustrations in the children's book "You Came From My heart", and won the "Word Award" prize for best book cover of 2021 for her work on the cover of "The Neighbours are Real and Other Beautiful Things". When she isn't at her desk she is chasing her toddler son around the house, or her husband on tour around the world.

Roberta credits the creative scene in Winnipeg to finding happiness and fulfillment in her work "its a vibrant, close-knit community where we all support each other. This city is passionate about the arts and I feel extremely thankful to be a part of it."

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Sail Manitoba 409-145 Pacific Ave Winnipeg, MB | R3B 2Z6 Winners

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# President's Message

BY RYAN VAN BERKEL

As a wise and anonymous treasurer once said, "sailing builds character. A sailor knows how to read the wind, the water, and the weather. A sailor must react quickly when faced with challenging circumstances, often without the support of others. A sailor knows their vessel and can make adjustments or repairs with limited resources. A sailor finds that the experience, the respect for nature, and the skills they develop offshore can be equally important onshore." This proverb is the perfect analogy for our sailing community and the adversity that we've faced the past two years. Despite the recent challenges presented, Sail Manitoba and its member clubs have adapted to sustain, and in most cases increase sailing activity in our province. As we closed out last season with our fall meetings, we were proud to recognize that Summer 2021 saw notable growth in club and Learn to Sail participation.

Looking ahead to the 2022 season, there is a great opportunity to build off last years momentum, in addition to resuming Manitoba's influence on national regattas. This begins with hosting Sail Canada's Western Canadian Championships "Sail West" Regatta by the Gimli Yacht Club, July 15 – 17.

Following Sail West, and with great anticipation, Team Manitoba heads to Niagara, Ontario for the preeminent 2022 Canada Summer Games. Many of our prospective Canada Games Team sailors have been training for years in preparation for the opportunity to represent 'Team Toba' at the pinnacle of their career. If you have the opportunity this summer, please consider showing your support for these events and competitors by attending, following news, or sharing highlights online.

With all this mind, I feel fortunate to assume the role of President and take the helm of Sail Manitoba during a period of renewed optimism. It must be acknowledged that we find ourselves here due to the hard work and dedication of our past and current leadership. Our stakeholders, from the Club Commodores to the executive committee to the staff, so many have been instrumental in getting us where we are today.

And so, lets collectively shake off the memory of an historically long winter (and spring), to enjoy what will surely be a fantastic summer of sailing in Manitoba!



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### Note from the Editor BY SHEILA BELLIDO

We are excited and wait with anticipation to get the 2022 Sailing Season started and we hope you are too!

Provincially, to kick off the season, our Let's Sail event is on June 25, 2022. The theme this year is all about family. Invite families, friends, neighbors that have never sailed before and introduce them to our sport!

Nationally, Sail Canada announced the dates and hosts of its 2022 three-part series regional championships Sail East, Sail Central and Sail West, to be held in July. As to which Sail West is hosted by our very own Gimli Yacht Club on July 15 – 17th!

There is no shortage of sailing events, activities, socials ...the Provincial Sailing Team has a full season ahead with training, Talent ID Camps, Canada Games, Youth Nationals, Club Regattas, and Clubs are on the move with sailing lessons, Regattas, fundraisers, etc.

The Winnipeg Sailing Centre is offering there first Afterschool Programs for kids ages 8 -12 in May and June, and summer camps in July and August. The Mobile Sailing School will be once again travelling the province and we are looking forward to opening the crate of our new coach boat that arrived late last fall.

We hope that you enjoy the read and more importantly, we wish you the 'best ever' sailing season ever!

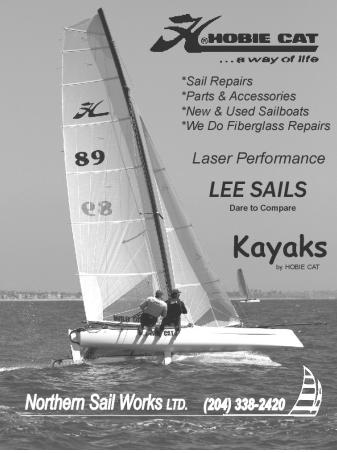
If you have an article, and/or advertisement, please don't hesitate to contact us via email at sailing@sportmanitoba.ca .

204-925-5751 performance@sportmanitoba.ca <u>sportmanitoba.ca/performance</u> L3 - 145 Pacific Ave Winnipeg, MB R3B 2Z6



in Carrison





# **Head Coach** Update

BY HUNTER KRIST LANSSON

You can feel the excitement brewing about this year's sailing. We are super excited to be hosting Sail West. After a couple of tries we have the go ahead from Sail Canada. A big thanks to GYC for hosting the event it will be a good one.

I am also happy to announce we will have a guest Coach Mariah Millen Team Canada Athlete, campaigning for the Olympics in the 49er FX. She is running a skiff clinic for those who register so if you know someone with a 29er who is interested please make sure to register. Training will be July 13-15 and races will be the 16th and 17th of July. For the other boat classes, we will also class specific training being run. Be sure to register it will be a great opportunity for our Youth in all the western provinces to improve their sailing skills and knowledge with excellent coaching. After this event we will be headed to Niagara on the Lake for the 2022 Canada Summer Games. Final round of qualifying for the boys' teams occurring backto-back weekends at GYC, the Icebreaker Regatta May 28th and 29th and the following weekend June 4th and 5th. I know our whole team is excited to have the opportunity to compete at the Canada Summer Games, it is always a very fun time.

We are hoping to have some athletes interested in CORK, and if you know anyone interested, please let me know and we will see what can be done.

Gearing up to be a fun season as always. A note to the Clubs to get your kids engaged and support all sailors and instructors to attend Sail West. As well I want to hear what events your clubs are hosting if they are not included in our events list already.

Wishing you all a safe, healthy and happy spring. am looking forward to seeing you on the water.





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# Together We Stand Against Racism Anti-Racism in Sport Campaign

Did you know that 40% of our population is identify as First Nations, Métis, Inuit, Black, or Racialized? While that diversity and multiculturalism has built a strong and resilient city, many Winnipeggers continue to face racism and discrimination in all aspects of their lives, including their participation in sport.

The Anti-Racism in Sport Campaign seeks to address, disrupt and eliminate racism and discrimination in sport experienced by First Nations, Métis, Inuit, Black, Racialized, and religious minority communities in Winnipeg.

Winnipeg's Anti-Racism in Sport Campaign is a city-wide anti-racism campaign that will run from April 2021 until March 2022. Funded by the Canadian Heritage, the campaign seeks to disrupt all levels of racism, from micro-aggressions to and systemic racism, through a multifaceted approach.

Together with the Government of Canada, City of Winnipeg, Sport Manitoba and Sail Manitoba, we will support to dissolve racism and discrimination, and promote inclusion and multiculturalism.



Immigration Partnership Winnipeg



# **Congratulations to our 2020**

# and 2021 Awards Recipients



2021 10 & Under Male Optimist Champion Myron Huijgen



2021 13 & Under Female Optimist Champion Charli McKenzie



2021 15 & Under Male Optimist Champion Gavin Garabed



2021 Male Provincial Laser Champion **Evan Owen** 







2020 Most Improved Sailor **Ben Cox** 

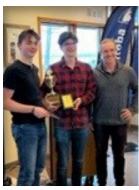
2021 Most Improved Sailor **Alexander Glodek** 



2021 Female Provincial Laser Radial Champion Lauren Burns



2021 Female Provincial 29er Champions Kendra Penner & Katie Sauer



2021 Provincial Male 29er Champions Ben Cox & Jonah Friesen



2020 Don Freudenberg Memorial Award Tomas Green



Evan Owen



2021 Youth Elite Award



2021

President's Award

Sarah Telles-Langdon



2020

Coach of the Year

**Evan Owen** 

2020 Honorary Member Award **Brigitte Smutny** 



2021 Don Freudenberg Memorial Award **Gavin Garabed** 



2020 Rising Star Award Charli McKenzie



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2021 Susan Mezaros Trophy Lauren Burns



2021 Charles Fleming Memorial Trophy **Linus Schweizer** 



2021 Coach of the Year Sarah Telles-Langdon



2020 President's Award **Phillip and Jacquie Friesen** 



2021 Honorary Member Award **Jim Flood** 

# FOLLOW THE HERD!

Team Toba is heading to the Canada Summer Games in Niagara this August! Keep up to date on games stories, medal counts, and follow the journies of Manitoba's top athletes and Canada's future Olympians.



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@TeamToba

# Winnipeg Sailing Centre

#### LEARN TO SAIL AT THE WINNIPEG SAILING CENTRE

#### Who can sail?

Anyone! Sailing is very versatile because it can be a team or solo sport. It promotes independence, flexibility, problem solving and freedom in participants. Sail Manitoba is proud to offer a variety of sailing programs that cater to people of all ages and abilities.

#### What we offer:

Women and Girls Sailing Lessons CANSail Lessons for all Ages High School Sailing League Manitoba Youth Intro to Racing

Fort Whyte Alive is located at 1961 McCreary Road in Winnipeg. For more information on our sailing programs, call Sail Manitoba @ (204) 935-5647 or send an email to sailing@sportmanitoba.ca

Keep in mind - our sport depends on weather conditions and in turn there might be changes in the schedule. Keep checking our website for updates.



LOOKING FOR A FUN, UNIQUE GIFT IDEA?! Surprise them with sailing lessons at the Winnipeg Sailing Centre! Gift Certificates available at the Sail Manitoba offices at 145 Pacific Avenue. Contact sailing@sportmanitoba.ca

# South Whiteshell South Women's Sailing League

BY JAN WATTERS

#### My Summer Adventure: Learning to Sail with the South Whiteshell Women's Sailing League

#### DAY 1: MON, JULY 12

DAY 2: TUES, JULY 13

The first day of our week long South Whiteshell Women's Sailing League (SWWSL) Learn to Sail class was bright and clear, sunny and windy. Eleven female sailors set sail on the grassy field at Falcon Sailing Club on a day where the wind was very strong. We learned to rig the boats and the instructors covered basic sailing principles and rules, terminology and rope work.

Since it was too windy for us rookies to be out on the water, we practiced our tacking, gybing, positioning, and footwork in the boat with the instructors shifting our boats on the grass to change the direction the wind passed over our bows and the way our sail was oriented. As we shifted from one side of the boat to the other, we were guided with footwork and arm movements until we became comfortable with the correct patterns of movement. For those of us who are taller, the Optimist (Opti) boats were a bit of a challenge to figure out where to put our limbs as we crossed from one side of the boat to the other. As we practiced it became easier, and wearing a pair of knee pads facilitated the process.

As the morning progressed, the wind strengthened as did our interest and enthusiasm to get out on the water!

Capable instructors, Sara and Evan gave excellent explanations with lots of time for practice and questions. We learned several new knots and down time was spent in practicing our bowlines. Commodore Sharlene joined us when she could as she helped out in both our women's program and the kids' Learn to Sail class on the adjacent lawn at the FSC.

In contrast to yesterday's strong winds, we had very little wind today as we continued to progress through the Can Sail Level one material. When it was time for us to get out on the water, we rigged up our Optis and assisted one another with launching off of the beach into the lake. The water was a great temperature and a refreshing way to cool off.

We had our own individual Optis and attempted to sail around two markers in the lake, not far away from the Falcon Sailing Club. Two coach boats were out assisting us as we experimented with tacking, and gybing to round the marks. My first lap around the buoys took about 40 min but my second lap was under 30 minutes. I was more or less sailing but having a lot of fun.

#### DAY 3: WED, JULY 14

Again today the winds affected our sailing plans for class so our instructors used the extremely light winds as time to teach us what to do if we capsized and how to get back in the boats. It was a challenge to tip the small boats over but all accomplished the task. We were able to get back in and bail out the water. Ample floatation devices in the Optis facilitated the task.

There were lots of shouts of encouragement to each of the sailors as we tipped, righted our boats, got back in, and bailed out the water. It became a very supportive group with lots of laughter and a welcoming accepting learning environment created by Sara and Evan.



#### DAY 4: THURS, JULY 15

The morning began with light winds which allowed us the chance to try out other types of sailboats, the two person Zests; a whole new concept in sailing for us previously solo sailors. Two sails, two sailors and a whole new set of sailing terms to accompany the extra rigging. We rigged up and got on the water to again practice going around a course. Now we had to communicate with our partners prior to making any course changes. Successful changes in direction led to cheering as we became more comfortable with knowing when to tack or gybe and how to go through the steps. Coaches were ever present in boats to assist when we were unsure what to do.

#### DAY 5: FRI, JULY 16

On our last day of the Learn To Sail course, we learned more about the right of way when on the water and then off we set to try out sailboats of our choice, including Optis, Zests, and Lasers. We enjoyed trying out the different options and were able to sail solo or with a partner depending on our preference and what boat was available. Coaches and coach boats facilitated transferring from boat to boat. There was a learning curve trying out some of the different boats and some of us spent some time swimming and getting back in our boats, in addition to sailing.

It was a fabulous week at the SWWSL Learn to Sail. It took place at a time when I was feeling like I wanted to try something new and different from my usual covid inspired physical distancing activities. The sailing was a safe activity and the learning environment promoted a great atmosphere for camaraderie and learning about a new skill. The course was well worth the cost and I chose to join the FSC afterwards at a half price rate for graduates of the LTS course. I met some new people and really enjoyed learning a new skill. I hope to become a sailboat owner soon!



# South Whiteshell Sailing Lessons!



#### Love the outdoors? The water? The wind in your face? Why not sign up for sailing lessons!

The West Hawk Lake Sailing Centre and the Falcon Sailing Club have coordinated sailing lessons for summer 2022. No matter what weeks you have vacation, or when you are able to book a campsite, there's a good chance that there will be lessons available near you.

Lessons are available for youth (ages 8+) and adults (16+) who are interested in learning to sail or want to develop their sailing skills. Certified sailing lessons will be taught by Sail Canada & Manitoba certified coaches in a variety of boats.

Date	Lesson Type	Time
July 4 – 8	West Hawk – Laser Week	9am - 12pm or 1pm - 4pm
July 11 – 15	Falcon - Youth & SWWSL Learn to Sail Level 1	9am - 12pm or 1pm - 4pm
July 16/17	Falcon - Adult Learn to Sail Level 1	9am - 12pm or 1pm - 4pm
July 18 – 22	West Hawk – Youth Learn to Sail Level 1	9am - 12pm or 1pm - 4pm
July 23/24	Falcon - Adult Learn to Sail Level 2	two full days
July 25 – 29	Falcon - Youth & SWWSL Learn to Sail Level 2	9am - 12pm or 1pm - 4pm
Aug 1-5	West Hawk – Youth Learn to Sail Level 1	9am - 12pm or 1pm - 4pm
Aug 8-12	West Hawk – Youth & Adult Learn to Sail Level 1 & 2	9am - 12pm or 1pm - 4pm
Aug 15-19	West Hawk – Semi Private & Private Lessons	
Aug 22-26	West Hawk – Semi Private & Private Lessons	

#### **TO REGISTER:**

West Hawk Lake Sailing Centre: www.whlyc.ca/lessons

Falcon Sailing Club (Falcon Lake): www.falconyachtclub.ca/learn-to-sail/

#### **QUESTIONS? CONTACT:**

West Hawk Lake Sailing Centre: Paul - info@whlyc.ca

Falcon Lake Sailing Club: Craig & Darcy - Its@falconsailingclub.ca



# Black Sturgeon Sailing Club

BY MIKE LA SPINA

The Black Sturgeon Sailing Club is looking forward to the 2022 sailing season. We have planned three sailing school sessions for both youth and adult members. Additionally, we are planning a special women's only session, hosted by our very own Colette Pellerin. Based on last year we are anticipating full class schedules.

We have our usual Races scheduled and are mixing in some additional formats. Youth only Races are planned for this year. Having a youth based focus is great for our young members, as they are less intimidating than sailing with adults and the kids should have a lot of fun with this format. Last year we also had a really fun impromptu event where we ran a race with Prams only. It ended up that all the skippers were 55+ years of age. It was a hoot and the chiropractors got some extra biz. So guess what? We plan to have an Adult only Pram fun sailing event this year too. Physio and Chiropractor coupons will be handed out après race.

Also In the events stream is the Sail Manitoba's coordinated sailing event which we are excited to be a part of. Our club races are expected to be similar to last year's format with single handed boats for certain and multi handed boats included dependent on Covid restrictions.

We have the ever so popular campfire mugs available and other swag for fundraising available. They are great for supporting our events so please check out the BSS Checklick site for purchasing them.

https://blacksturgeonsailingclub.checklick.com/

Our club facilities improvement effort includes more dock space this year. It seems to always be in shortage. We are expecting our membership to grow again this year.

Let's all hope for a great year.





# Falcon Sailing Club

BY PENNY KELLY

The Falcon Sailing Club is located on Falcon Lake just west of the Marina at Faloma. It has been welcoming people new to the sport as well as experienced sailors for 60 plus years. From its beginning in the sixties, the FSC has been promoting sailing and encouraging people of all ages to try out sailing in a safe and friendly atmosphere.

Club members race every Saturday and Sunday afternoon throughout the summer, including a strong contingent of women sailors. But the club is not just for racers; many members come out just to sail on Falcon Lake. Club members don't even have to own a sailboat; members can use any of the club-owned boats which include several Lasers, a Laser II, a Tasar, Optimists and an Invitation. The club also has an important social element. Our lower clubhouse deck is the center of activities in the daytime, and in the evenings, BBQ's on the upper club deck high on the cliff are enhanced by a fabulous vista of the lake.

In 2021, participation in FSC sailing lessons was excellent. This summer, in collaboration with West Hawk Lake Sailing Centre, the Club will again offer youth and adult Learn to Sail (LTS) programs and a continuation of the women's program, the South Whiteshell Women's Sailing League

> (SWWSL). The FSC and WHLSC have coordinated their sailing lessons to greatly increase the availability of programming throughout the summer. The two Clubs will also share instructor(s) and boats. Sail Manitoba's Mobile Sailing School will be used to augment club resources.

> > Following a very successful season last summer, The South Whiteshell Women's Sailing League will host two Learn to Sail Programs, a Level 1 beginner course and a Level 2 course designed to work on the skills introduced in Level 1. SWWSL will also offer a series of 'Monday mentorship' sessions for LTS participants and women sailors who are members of a Club. A committee of keen members from Falcon and West Hawk continue to chart the course of the SWWSL. The committee enthusiastically promotes the idea of a true women's/girls' sailing league. For more information visit our website: falconsailingclub.ca.

# PT37



# Gimli Yacht Club

BY ADAM REEDER

An Exciting Season Ahead at Gimli Yacht Club!

We're excited to announce that GYC will once again host Sail West, Sail Canada's regional championship. As part of the regatta, from July 15th through the 17th, we'll also host the No Coast Laser Championships. After cancellations the last two years due to COVID-19, we're confident that it will go ahead this summer. Mark you calendar and stay tuned for more information.

Our Learn to Sail program is already off to an amazing start, with a new kids club type of offering, as an initial learning opportunity. This is a joint venture with the help of the Kiwanis Club of Gimli & District, and the Lake Winnipeg Research Consortium. We have called it the Lake Winnipeg Discovery Camp. The intent is to combine a morning of sailing lessons, with an afternoon of learning, teaching children a bit about the lake, and the science being done in and around it. Targeting young people from 8–13 years of age, the camp is already sold out. Our more traditional sailing lessons look to be more popular than ever, with bookings to date far ahead of other years.

The GYC Open House and Save the Lake fundraiser is tentatively scheduled for Canada Day. Please check out our website (www.gimliyachtclub.com) for details of this, and all of our events planned throughout the summer. We're looking forward to another successful Save the Lake Fish Fry with the help of the Kiwanis Club, cooking a Pickerel lunch. All proceeds are split between the Lake Winnipeg Foundation and the Lake Winnipeg Research Consortium.

The Club has purchased two Albacores and continues to maintain our fleet of Laser and Optimist dinghies. We hope to bolster our Discovery Sailing Lessons and get new members to join the club. We also have acquired kayaks, canoes, and paddle boards for members to use as well. Our Discover Sailing Lessons were very successful last year. We had a record number of adults trying sailing and asking about membership in the club. Our plan is to continue this and grow our membership in this way.

Again, check out www.gimliyachtclub.com for more info about all of the exciting things going on at GYC. We're looking forward to a great summer sailing on "Manitoba's Greatest Lake!"



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PG. 17

# **Gull Lake Yacht Club**

BY BRADEN PIERCE

The open water section of Gull Lake has provided ample opportunity for members to brush up on their winter sailing skills. Some say that Kenny V will be ready for Olympic training during the upcoming summer, and others say that he has been spotted roll tacking right over top of the aerators (I believe them).

We have a very exciting season before us, with Club growth through the past year and steep competition moving up the ranks, I am looking forward to the many events to come. We are kicking off our season with what we like to call the "Ice-E Breaker" on June 18th , which will include 3 – 4 E Scows with crews of 3 or 4. Following this we will run the summer race series from June 25th to Sept 3rd, with a sailing school July 9-10, and GLYC Regatta tentatively Aug 6-7. K-Tini's will be served at precisely 4:13pm Gull Lake standard time throughout the race season.

The GLYC is actively looking for club boats, please contact us if you have old inventory, even the old laser covered in moss at the back of the lot.

CONTACT: EMAIL:	acing and Regatta: Braden Pierce bradenpierce@gmail.com		
Sailing Scho	ool:		
CONTACT:	Paul Card		
EMAIL:	pcard@326innovation.com		
Club Boat a	nd Parts Purchasing: Dan Reinisch		

EMAIL: dreinisch@mymts.net



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	- Decorative Rock		www.reimersoils.ca



# Pelican **Yacht Club**

BY SUSAN BAIRD

Greetings from the Pelican Yacht Club! As we move into March we continue to plan for the summer of 2022.We are anticipating a return to our normal event schedule including race/social and Learn to Sail programs. In the off season we have been very busy submitting grant applications for infrastructure improvements for the club and the harbor.

We have also started a review of our constitution and Bylaws as well we are in the midst of a robust revamp of our website.

We would like to congratulate the following members on receiving Sail Manitoba awards:

- Gavin Garabed-Don Freudenberg Award
- Philip and Jacquie Friesen -Presidents Award

With the abundance of snow this winter we are anticipating a healthy start to the sailing season with a return to more normal lake level. Looking forward to a fabulous summer of sailing and comradery.

Cheers from PYC



## Royal Lake of the Woods Yacht Club

BY CHRIS RADCLIFFE, REAR COMMODORE



The Royal Lake of the Woods Yacht Club is excited to ramp up for a new summer of sailing in 2022. Spring is in the air, the days are getting longer and summer planning is officially underway.

If you haven't been to this club before, the Royal Lake of the Woods Yacht Club has a pretty wild history being founded in 1903 and is located on the Yacht Club island in Lake of the Woods, a short boat ride away from Kenora, Ontario.

With over 14,000 islands and 65,000 miles of shoreline, Lake of the Woods features excellent sailing conditions and is well know among sailors for its challenging wind shifts and heavy wind days that can tip over even the most experienced sailors! Here's a quick recap of the summer ahead:



#### Season Opener – the Konantz Cup!

The RLWYC continues to be a special gathering place that keeps the spirit of competition alive! This season we aim to open in June with an Ice Breaker Royal Hour social gathering and the Konantz Cup – a great way to kick off the summer of sailing and to reconnect with old friends.



Introductory programs

Our sailing programs start in July and provide instruction for all ages, typically starting at age 7-8 with the Wet Feet and Tennis-Sailing Combo introductory courses. These beginner programs introduce kids to sailing, provide a safe environment to learn and help kids meet new summer friends that will last a lifetime.

As other clubs know, it doesn't take long for kids to get hooked on sailing. When they are ready to shift out of the smaller Optis/Prams, the next step is to move into the CANSail program, where courses are designed to teach kids more technique and help advance their level of understanding for how to sail double handed boats like Feva's or 420s.



Racing After learning the basics, most kids are ready to race, so we offer a variety of ways for kids (and adults alike) to put their skills to the test:

Race Team - The Race Team has evolved into a very popular program during the summer for sailors to develop their advanced tactics and travel to local regattas away from the club.

Wednesday Night Races - On Wednesday we host junior races in a small fleet setting for the Race Team and CANSail participants to practice racing, followed up with a fun family night dinner outside and games on the tennis courts.

Weekend Regattas - Almost every weekend is packed with at least 3-4 races and it's a beautiful sight to see the boats fill up the stretch! Our mixed fleet consists of 5-10 eScows who regularly battle it out for the ultimate bragging rights, along with a combination of single handed O'Pen Bic and ILCA (Laser) sailors, Fevas and 420's and even some old Laser >> legends from the 80's and 90's that still hit the water to have some fun.

#### Don't forget the main event: The Richardson Regatta is coming back in July!

This summer the club will be hosting the annual Richardson Regatta, tentatively set for the weekend of July 23rd-24th, which falls the weekend after Sail West! This annual event is a ton of fun and open to anyone to register and attend. The regatta typically brings in a variety of boats from across Manitoba and Ontario and includes a full day of races followed by a big BBQ dinner.

If you are interested in attending, we encourage you to keep an eye on the RLWYC.ca website for the Notice of Race details being posted in the months ahead or you can reach out to the club if you'd like to learn more at info@rlwyc.ca.



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# LOWISA EST. 1966

 JULY 30 - AUG 6
 REGISTRATION OPENS

 2022
 SPRING 2022

#### NORTHERN HARBOUR, KENORA, ONTARIO

LOWISA IS AN INTERNATIONAL SAILING REGATTA OPEN TO RACERS AND CRUISERS WHO SHARE A LOVE OF THE LAKE. FOR OVER 50 YEARS, IT BRINGS TOGETHER PEOPLE OF ALL AGES AND BOATS OF ALL SIZES FOR THE MOST INCREDIBLE WEEK OF THE YEAR. LOWISA IS ABOUT PEOPLE, FRIENDS AND FAMILY. IT'S ABOUT THE LAKE, THE WIND AND NATURE. LOWISA IS AN ADVENTURE THAT YOU WILL REMEMBER FOREVER. COME SAIL WITH US ON LAKE OF THE WOODS, ONE OF THE MOST BEAUTIFUL PLACES IN THE WORLD.

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#### THE GREATEST FRESHWATER SAILING REGATTA ON EARTH

# LOWISA & NORTHERN YACHT CLUB

BY STEWARD ANDERSON AND QUINN ANDERSON

The Lake of the Wood International Sailing Association, most commonly known as LOWISA will take place from July 30, 2022 to August 6, 2022 this year. The event is based out of Northern Harbour located just east of Kenora, Ontario.

LOWISA is an international sailing regatta open to racers and cruisers who share a love of the lake. This year will be LOWISA's 56nd year, bringing together people of all ages and boats of all sizes for the most incredible week of the year. It is a unique sailing regatta that is truly like no other, providing the opportunity to explore and discover beautiful Lake of the Woods with a fantastic group of people. LOWISA is an adventure that you will remember forever.

LOWISA is a 7-day event including 6 days of racing and mid-week layover day and other activities. The racing format for LOWISA does not follow the traditional round the buoys format and rather utilizes a series of islands as marks for the course. The course weaves its way through the lake challenging racers to navigate strategically around the islands. An example of a typical racecourse is shown in the image. Racing is scored using the PHRF system with boats organized into divisions of similar ratings.

Our adventure this year begins with an on-the-water skippers meeting at the Strawberry Anchorage on Saturday, July 30. Racing begins the next morning and with a course that starts south of Scotty Island and heads further south towards popular anchorages scattered throughout Lake of the Woods. Each evening, social events have been planned bringing people together to share stories of the day's adventures. Layover day will be hosted by Ash Rapids lodge located in Ptarmigan Bay, close to Clearwater Bay. The lodge has a full restaurant and will be serving breakfast, lunch and dinner during our stay and cabins can also be rented from the lodge. Layover day activities include a layover day race, a paddleboard competition, a football game, and yoga followed by a fish fry and a live band. In the second part of the week, the regatta continues taking the racing fleet into different parts of the lake with courses that circle out and back from the anchorages. Throughout the week, the cruising fleet and support boats navigate between anchorages at their own pace and take part in all the social activities. Kids event will be planned, giving the younger participants a range of evening activities to look forward to. The event concludes with a Commodores Banquet and awards ceremony at Northern Harbour.

If you would like to learn more about LOWISA please visit our website at www.lowisa.org or our Lowisa Regatta facebook page. You can also email us at saillowisa@gmail.com

Come join in the adventure holiday and sail with us on Lake of the Woods, on The Greatest Fresh Water Regatta in the World!









watershed area, the lake levels should hopefully rebound to a normal level. Last summer the low water level saw the deeper draft boats confined to their slips or sneaking out on a north wind when the water came up. The low water level combined with the lake currents also caused the sand to build up on the south side of the harbor entrance, leaving only a narrow channel on the north side. Small Craft Harbours has apparently given out the contract for dredging to alleviate the problem. And perhaps a wetter summer will reduce the

This is March as I write this but does the removal of covid restrictions mean its on the decline? I sure hope

# Temple Reef Sailing Club

BY ROSS BAILEY

Temple Reef Sailing Club had their AGM last night. Normally such meetings spark visions of formality, confrontation, relegation; just a boring time to be avoided at all costs. I'm pleased to say that far from this, we had a great time and despite being a combo of virtual and inperson, things were decided with enthusiastic consensus and new programs were started that will be very healthy for the club.



I should mention that we are quite a small club with limited resources but we have a wonderful dinghy racing fleet of Lightnings. We also operate a sailing school that pre-covid hit 125 student enrollment. The sailing school especially is a ton of work that needs the whole club's help and could not be done without Deb Broll's direction.

The most exciting venture initiated was a boat grant program similar to the very successful program operated by the International Lightning Class. In that program applications are taken from young crews for the use of three competitive Lightnings for the season, at no cost to the successful crews. Each Lightning joins a local fleet for local sailing and racing with regional and even national regatta participation encouraged. The whole fleet offers every help and advice, as do national hotshots at the larger regattas, making for a learning experience that is quite enjoyable for the young crews and everyone involved. Temple Reef has committed to purchasing a competitive Lightning and is opening applications for its use. We're all excited and are looking forward to meeting the chosen crew.

Other actions that came out of the meeting were moves to make the sailing school a little easier on all involved and yet still encourage growth to spread the word "sailing". A couple of schedule dates were finalized so we can now all plan with certainty. One of our great hopes is that travel back and forth to Manitoba area regattas can start up again. The fleet presently participates in Green Bay, Chicago and Sheboygan regattas each year. Travel towards Manitoba would be a lot easier and just as much fun. The new executive was voted in. Alex Cox will again lead us as Commodore and the new Fleet Captain will be Scotia Evans. Lots of work for all involved, but many hands eager to help. The major Thunder Bay regattas this year will be Loon Lake, July 16/17, inland lake sailing that exemplifies the joy of shifts; Amethyst Harbour, August 13/14 on Lake Superior, including a picnic on Caribou Island with racing/cruising around Caribou and other close islands, using the actual Temple Reef as a turning mark; and the Districts Part 2 September 3 / 4 outside the Thunder Bay breakwater for wonderful open water sailing. We'd love to have some Manitoba sailors join us to enjoy any of these events. Just give a shout for any information desired.

Big news this year from Temple Reef Sailing Club is that 5 boats are heading to the Lightning Class Worlds in Wrightsville Beach, North Carolina, mid May. All crews are extremely enthusiastic and will bring home wonderful memories, not to mention new found skills. Good luck to all.

# **Victoria Beach Yacht Club**

BY JASON QUINTON

#### WORST WINTER EVER

We are all waiting for this winter to be over.

Warm days are sneaking in. The oppressive cold has begun to break. Enough snow has been shoveled, and the piles of frozen toil are beginning to turn...to water...water doesn't choose where it goes - it just flows, like the membership of the VBYC, it flows to Lake Winnipeg. We go once more into the breach of laughter and travel. Navigation and recreation. Our sensational seasons in the sun, are sneaking in, like nighthawks at the cottage who tiptoe so as to not offend the floorboards and awaken the sleeping occupants with an alarming CREEAAAAAAK.

There are changes in latitude and attitude, with the waning freeze, the wind will whip - and actually feel nice. Yacht Clubber's can be spotted on deck leaning into the breeze, inhaling its promise of voyages made possible by the thaw.

From sky to snowdrift, from creek to lake: the hydrological process is on. The Victoria Beach Air Station, where our club sits, cradle of the Canadian Air Force, will once again launch our sailing team. The rumors floating on the breeze around the South Basin are that the team may sail as "The Flying Boats." A nod to our heritage, and a description of our abilities.

Sailing: an activity of smoothness and volatility that can make a ballerina weak in the knees, or turn the stomach of a surgeon. Even a fairweather cottager can gather where humanity meets water, where even more than the undersea depths are shrouded in mystery. Just as the beak of the pelican can hold dinner, it can hold nothing. You don't know until you look. We don't know how summer will unfold, but you don't need to scuba to learn from a lake, this is why humanity invented crafts. Masterful feats of engineering, fabrication, textile, polymer, paint, and ingenuity -

or by any other name: boats.

Naturally, we plan to sail, but this spring, we yearn for liberation from the frigid grip of 2022 - we hunger to learn about our vessels and ourselves, to compete with likeminded teams and mates. To win just by doing it. We will master this machinery and come into our own - as every journey tells a story about the traveler, and even an aimless cruise eventually brings us home.

# West Hawk Lake Sailing Centre

BY PAUL KRESTANOWICH

As we get ready for the summer we start the season off on a sad note with the recent passing of Bob Hayden one of the "first generation" Albacore sailors on West Hawk Lake in the 1960's. With the revival of the sailing club in 2006, Bob and his wife Nancy became big supporters of the club with feeding and housing our instructors every summer in their guest cabin until we found a location for our new facility a few years ago. His three children Brad, Derek & Jennifer can still be found flying across the lake on super windy boat breaking days blazing their Lasers and Alabacore when most stay safe and dry on the dock. His passion for sailing also involved his grandchildren, all nine of them sailed, took part in our lessons and raced in their Optis and Lasers over the years. RIP Bob and our sincere condolences to Nancy and the whole family, he will be missed.

Hopefully with the ice off the water and warmer temperatures in a couple of months we will be back on the water soon. We continue to coordinate instructors with the Falcon Sailing Club and the South Whiteshell Women's Sailing League (SWSSL) so that every week in July & August you have the ability to take lessons at either club sites (kids, adults & female only).

Congratulations to our head instructor Evan Owen and provincial team member for winning the Sail Manitoba Youth Elite Award for 2021. His Laser racing went to a new level and had some incredibly good results & wins last summer that puts him in good shape for a chance to represent Manitoba at this summers Canada Games, good luck Evan!

Our Learn to Sail coordinator Paul Krestanowich has been selected by Sail Canada to officiate at this summers Canada Games in the Niagara Region. The sailing venue is the Niagara-on-the-Lake Sailing Club. Good luck to Paul and the Manitoba sailors who win the chance to race for our province. Our online registration for sailing lessons is open and there are still spots open in select weeks. Lessons fill up fast so please register ASAP.



Our website is updated with all of last summer's pictures of sailing, races, lessons and activities please check them out. If you have any questions about our programs and club please call or email us:

www.whlyc.ca info@whlyc.ca 204-479-7100 westhawklakeyachtclub.checklick.com falconsailingclub.checklick.com southwhiteshellwomenssailingleague.ca

Stay healthy and safe and see you on the water!

# Zig Zag Yacht Club

BY DINA NESTERINA



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3522 Main St, Wpg.MB.R4A 5A2 port@northernsailworks Zig Zag Yacht Club is looking forward to another sailing season in 2022. As a new Club Director, I am excited to be a part of the Sailing Community and launch the sailing classes this year. We will start the sailing season in July for the duration of 6 weeks. Our program uses engaging lesson plans that attracts a growing volume of sailors every season. We are also hoping that COVID-19 restrictions will be lifted shortly and will be able to host even bigger classes and diversify our sailing activities! In addition to sailing classes, we will organise a Regatta event that will be held in July.

We are wishing everyone an exciting season and are looking forward to meeting you at the docks!



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